Open Advanced Sailors Match Racing Clinic

February 2-4, 2009 SailLaser Center Miami, Florida

<u>Head Coach</u>: Dave Perry, 2008 U.S. Match Racing Champion, experienced Coach and Rules Advisor for the 2008 U.S. Olympic Sailing Team

Boats: Laser SB3 (Sailing World's 2008 Boat of the Year)

<u>Fee:</u> Register and submit payment by January 12^{th} , 2009 and qualify for a discounted fee of \$900 per team of 3, or \$350 per individual. After January 12^{th} \$1,000 for a team of 3, or \$450 per individual (we will assign you to a team for the clinic). Plus \$600 per team refundable damage deposit - \$200 per individual sailor.

This clinic is for advanced sailors, who may or may not have any experience with formal match racing, to come learn how to match race, or how to match race better. In almost all fleet races, there are situations where two boats are fighting for the same piece of water, fighting for position in the pre-start or coming into a mark. Knowing the fundamentals of match racing will make it easy to win those one-on-one battles, whether you are a skipper or crew.

Often the last race of a regatta, whether a Medal Race or not, will come down to one boat attacking another, and knowing how to match race will help whether you are doing the attacking or being attacked.

In this clinic, Dave Perry will cover the tactics, rules, umpire calls, strategies and match race techniques for the pre-start, upwind and downwind legs, and mark roundings. He will cover how to burn a penalty, and regatta strategies for winning an event. Dave will also discuss how to get more involved in formal match racing, the event schedule, and how to get a world ranking.

The clinic is open to all experienced sailors. You can apply individually (as a skipper or crew) or as a team of three. If applications for the clinic exceed the number of spots available, preference will be given to the date of the application.

To apply please complete the Registration Form found at the SailLaser Miami page at <u>www.sail-laser.com</u>. For questions: +1-305-285-3442 or <u>sb3clinic@sail-laser.com</u>





